1. **The primary purpose of the questionnaire for Prakriti evaluation is to gather information on:
a) Financial status
b) Lifestyle, physical traits, and physiological functioning
c) Academic background
d) Travel history
Answer: b) Lifestyle, physical traits, and physiological functioning**
2. **Before administering the questionnaire, the evaluator should first:
a) Start asking questions immediately
b) Introduce themselves and seek consent from the volunteer
c) Conduct a physical examination
d) Prepare the results
Answer: b) Introduce themselves and seek consent from the volunteer**
3. **Which of the following is important when interviewing the volunteer for Prakriti evaluation?
a) Rushing through the questions
b) Using technical jargon
c) Maintaining cultural, religious, and gender sensitivity
d) Avoiding eye contact
Answer: c) Maintaining cultural, religious, and gender sensitivity**
4. **To maintain professional conduct, the evaluator should:
a) Wear casual attire
b) Communicate effectively and respectfully with all individuals
c) Avoid responding to client queries
d) Focus only on paperwork
Answer: b) Communicate effectively and respectfully with all individuals**
5. **A Prakriti evaluator must maintain client confidentiality by:
a) Sharing client details with other staff
b) Storing and securing client information as per organizational policy
c) Discussing details in public areas
d) Allowing unrestricted access to client records
Answer: b) Storing and securing client information as per organizational policy**
6. **Professional conduct includes:
a) Displaying empathy and respect towards clients
b) Ignoring client feedback
c) Working independently and avoiding teamwork
d) Making personal comments to clients
Answer: a) Displaying empathy and respect towards clients**
7. **When preparing a Prakriti report, the evaluator should first:
a) Conduct a lab test
b) Interpret the information collected from the questionnaire
c) Disregard any unusual responses
d) Consult with the volunteer’s family
Answer: b) Interpret the information collected from the questionnaire**
8. **What should be included in the Prakriti report?
a) The volunteer's financial history
b) Recommendations for lifestyle modifications based on Prakriti
c) Medical prescriptions
d) The volunteer’s personal opinions
Answer: b) Recommendations for lifestyle modifications based on Prakriti**
9. **Why is it important to maintain records related to Prakriti evaluation sessions?
a) For promotional purposes
b) To ensure data is available for future reference and follow-ups
c) To share with unrelated parties
d) For public dissemination
Answer: b) To ensure data is available for future reference and follow-ups**
10. **The evaluator should ensure that the Prakriti report is stored:
a) In an open-access folder
b) According to the organization’s confidentiality and security guidelines
c) On an unsecured personal device
d) In a shared office document
Answer: b) According to the organization’s confidentiality and security guidelines**
11. **If a volunteer has questions about their Prakriti assessment, the evaluator should:
a) Ignore the questions
b) Provide clear and accurate feedback
c) Refer the volunteer to a different professional
d) Avoid answering questions directly
Answer: b) Provide clear and accurate feedback**
12. **The Prakriti report should be compiled in a way that is:
a) Difficult for the volunteer to understand
b) Clear, concise, and easy to interpret
c) Full of technical jargon
d) Lengthy and detailed
Answer: b) Clear, concise, and easy to interpret**
13. **When collecting information from volunteers, it is essential to:
a) Provide pre-filled answers to speed up the process
b) Respect and accommodate any special needs (e.g., for PwD)
c) Limit the volunteer’s responses
d) Ignore any incomplete responses
Answer: b) Respect and accommodate any special needs (e.g., for PwD)**
14. **If sensitive information is collected, the evaluator should:
a) Share it with team members without consent
b) Ensure its confidentiality as per organizational policies
c) Make it public if necessary
d) Disregard confidentiality for faster processing
Answer: b) Ensure its confidentiality as per organizational policies**
15. **Effective communication with volunteers includes:
a) Only focusing on verbal communication
b) Utilizing both verbal and non-verbal cues effectively
c) Limiting the interaction to avoid unnecessary details
d) Asking only closed-ended questions
Answer: b) Utilizing both verbal and non-verbal cues effectively**